

BODMIN WAY

NEWSLETTER - APRIL 2020

Introduction and welcome

We launch this newsletter amidst a growing crisis. We did not anticipate this pandemic, but we have adapted. This publication is designed to tell you about our growing range of community-focused activities. And it will. But just now we need to respond to the impact of the Coronavirus.

A vigil is held when there is something weighing on people's minds. It might follow a series of tragic deaths, or offer a plea for peace amidst violence. It might even offer practical use in keeping an eye on any present danger. Churches offer vigils overnight as people await the celebration of a special festival such as Easter.

In this instance we use our newsletter as a tool to offer the town and villages a vigil amidst our lock-down. People are stuck at home and do not know when they might emerge back into a safe, normal life. We shall tell our stories as we go through this and provide information to help us navigate the practical challenges.

In due course we shall emerge with you into a more hopeful future. Our vigil will end. Normality will return. In the meantime we watch and wait together. Some of us will pray.

Join us for this vigil. We can be a strength to one another.

Revd Paul Holley

Team Rector, Bodmin Team Ministry



Bodmin Way

Discover our heritage, celebrate life,
enhance your wellbeing and have fun.

www.BodminWay.Org

CONTACT US

Contact us

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Editor

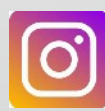
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SOCIALISE

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If you have been sent this newsletter via email
then you are already in our mailing list.

For any additions or changes please email Dave
the editor at News@BodminWay.Org

VIGIL

HELPING YOU WITH YOUR WELLBEING



Health



Wellbeing



Families



On retreat



Groups close to you



Grocery



WHAT WE OFFER

The Bodmin Way VIGIL

Offers resources online to help you and your families cope during the virus outbreak.

Keep informed

Visit our website

<https://www.bodminway.org/vigil>

Follow us on FaceBook

<https://www.facebook.com/BodminWay>

Watching and waiting together until we can return to our lives as normal

Your health and wellbeing is important to us at Bodmin Way. We are being proactive in gathering and sharing information that will assist you and your families.

Here are some examples of what you can find on our website right now:

Health

- Links to the NHS services on Coronavirus
- Advice on social distancing and staying at home
- GP services in Bodmin and online

Wellbeing

- Organisations that help you with mental health, alcohol or drug issues
- Services for the older generation
- Keeping in touch with technology

Families

- Activity ideas and resources for children at home
- Keeping fit and healthy

On Retreat

- Spiritual support on FaceBook and worship at home
- Ideas to pass the time while self isolating

Groups close to you

- Helpful groups and volunteers
- Helping your neighbours

Grocery

- Deliveries from shops
- Foodbanks
- Supermarket information



Our [website](#) pages and [social media](#) are being updated as new information becomes known. If you have any suggested information then [Dave](#) would like to know and share it.



FAMILIES

SUPPORTING YOUR FAMILY



In the weeks ahead, children at home and families need support with keeping them entertained and happy.

All of our Clergy, pastoral team and volunteers are doing what they can to help families and vulnerable people at this time. I caught up with Revd Elaine on the phone: "The calls I make, the messages and emails I receive and the dialogue I have are many and varied. Some need reassurance during their time alone but others need more practical help especially those families with money worries.

The Community Hub on the Kinsman Estate is closed at the moment but we look forward to the day when the after-school clubs and numerous other scheduled events can resume. The One-for-all garden will help with its produce for the community and the friendship cafe will become that place where people can interact again. Let's look forward to happier times.

In the meantime for those families desperate for food, it is possible that a member of our clergy can assist and help you to get a food voucher for the Foodbank. Use the contact details below. I have one plea that will help our families in need and that is to donate money. Donations of food for the banks has diminished and demand has increased but with your financial assistance they can buy food. Donate online at <https://www.wadebridgefoodbank.org/give-help/donate-money/> "



Our [website](#) and [social media](#) will be updated as we get new initiatives organised – please do contact [Revd Elaine](#) if you need help.

Learn new skills and have fun

Inspiring them with indoor activity ideas

The Scouts have pulled together some inspired indoor activity ideas. Keep your kids learning new skills and having fun and avoid hearing 'I'm bored' every 30 seconds.

<https://www.scouts.org.uk/the-great-indoors>

Entertaining children at home

There are lots more online resources to help and they are listed on our website:

<https://www.bodminway.org/families>

Keeping them active - P.E. With Joe!

The Body Coach is running physical exercise sessions every day on YouTube for free pledging to 'get your kids moving, feeling energised, positive and optimistic

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Offer them spiritual support

During these uncertain times when you cannot visit a local church spiritual support is essential:

<https://www.bodminway.org/on-retreat>



COUNCIL SUPPORT

RESPONDING TO YOUR NEEDS



**Councillor
Jeremy Cooper
(Mayor of Bodmin)**

Dear residents of Bodmin, we find our family, friends and community experiencing the strangest of situations at present. It appears according to press reports there is no definitive course of action that will combat COVID-19, however we must all do what we can to limit the transmission of this indiscriminate pandemic and follow best practice washing hands and keeping your distance.

At the present time Bodmin Town Council has had to make the difficult decision to close the Town Council Offices. The Council must do all we can to protect the public, members, officers and staff and follow the direction of the government to reduce social contact as far as possible.

The contact numbers for Bodmin Town Council will remain active however please bear with us

<https://bodmin.gov.uk/contact/>

Alternatively you can send individual members an email or call the member's published phone number as per the information published on the web site <https://bodmin.gov.uk/home/councillors/>

Regrettably under government direction Bodmin Town Council has had to close the children's equipped play areas in parks operated by the Town Council. However on the positive side we have committed to keeping open the Town Council operated open spaces, so residents can exercise in line with government guidance, one hours exercise with a minimum of two metres between each person.

In an effort to help Bodmin Town Council has decided to relax the car park charges in Priory car park for the duration of COVID-19, although this will remain under review.

We can also announce that a group of Bodmin Town Council members are working hard on creating a COVID-19 Response Team <https://bodmin.gov.uk/covid-19-councillor-response-team/> to support the community and as more coherent plans develop they will be communicated locally.



**Bodmin Town Council
Response Team**

CORONAVIRUS (COVID-19)

Team Coordinators:
Cllr Joy Bassett 07540 844 662
Cllr Phil Brown 07966 198 401



You can contact the team coordinators on the contact numbers listed above, or via email on cllrjbassett@bodmin.gov.uk or cllrpbrown@bodmin.gov.uk



ACROSS CORNWALL

Cornwall Council are working hard with our partners across the police, health and voluntary sector within Cornwall to ensure that we are best able to respond to this ever changing crisis.

I would urge you all to contact the links below for the most up to date information at any time:

www.gov.uk/coronavirus for the latest information about government advice and guidance, including information for businesses

www.nhs.uk/conditions/coronavirus-covid-19/ for the latest health advice

Email Cornwall Council on covid19@cornwall.gov.uk for any specific queries or questions you have that cannot be answered from the above sites

Email Volunteer Cornwall - requestforhelp@volunteercornwall.org.uk or phone on 01872 265300 if you want to find out more about how you can volunteer to help out at this time, or if you need general advice and support around volunteering.

Please stay home and stay safe at this time.

Cllr Leigh Frost



YOUTH

ENABLING YOUNG PEOPLE TO FLOURISH



Bodmin Way puts the interests of children and young people at the centre of its priorities.

Young people have always been an important part of our church life; many of them play a vital role as servers and bell-ringers, as well as volunteering in other ways.

In the last few months, St Petroc's Church has started a new youth group called SPY (see if you can work out what the letters stand for!) where those in year 6-10 can grow in their faith and enjoy fun and friendship. We have been meeting once a month and so far we've made food, explored prayer, and played a lot of games.

Over in Lanivet, we have joined with our Methodist friends to launch Families Fest, a series of fun afternoon events to help families celebrate and learn about the festivals that mark our calendar.

We had a great time in February exploring the story behind Shrove Tuesday, and of course eating pancakes together!

While we can't meet face-to-face for a while, there are plenty of ways we can get creative, and continue to enjoy exploring faith together. For instance, there are all kinds of challenges we can do at home; chance to use photos and videos to help keep others smiling; we can even get together for fun and games by video call. Rev Claire and the other SPY leaders would love to hear from parents and young people who want to help us kick off some new online initiatives. Don't worry if you're not a technology genius, all you need is an internet connection and a parent willing to help!

WHAT WE OFFER

Our Bodmin Way Youth Initiative offers a number of other activities as can be seen on our website at <https://www.bodminway.org/youth>

As outside group activities are curtailed we have some interesting resources online for families to use with their children. Find out more at <https://www.bodminway.org/families>



Our [website](#) and [social media](#) will be updated as we get new youth initiatives organised – please do contact [Revd Claire](#) if you would like to stay in the loop.

RETREAT

SPIRITUAL RESOURCES FOR THE HOME

An opportunity

Why not turn the stressful experience of lock-down into an opportunity for retreat? Many of us have a little more time available to reflect. Its not going to be the most pampered of retreats but there are religious traditions bringing wisdom to this experience. Many strands of faith emerged in times of suffering and hardship. We shall seek out this timeless inspiration and bring it to our online resources for the Bodmin Way Retreat.



A network of care

The members of the Bodmin Way churches are actively supporting one another through this period of retreat. Volunteers keep in touch by phone and in particular support the most vulnerable. This period need not be endured without the comfort of friendship and care. Why not benefit from the support offered and join our network?

Contact [Revd John Hereward](#) for Cardinham Parish, [Revd Roger May](#) for Lanhydrock Parish, [Judy Stott](#) for Nanstallon, [Sara and Dave Bryon](#) for Lanivet Parish, [Margaret Hammond](#) and [Barbara Brittain](#) coordinate support for folk in Bodmin.

Looking beyond ourselves

Its easy to lose track of time at the moment. We have just come to the end of Lent. Pancakes on Shrove Tuesday kicked off this Christian season of fasting. But that seems a long time ago. Many people give up chocolate or alcohol during Lent. Our church members like to have a simple weekly soup lunch together to raise funds for charity. Even though we had to miss the final couple of lunches we nevertheless managed to raise much needed funds to support and educate disadvantaged young people in Nepal. Back in February a coffee morning at the Methodist Church on Fore Street raised £568 for a leprosy hospital in Myanmar. We also continue to support our sister churches in Peru. We live amidst a global crisis and there are many whose needs far outweigh the resources available to them. It is good to share.

We are of course very aware of our own local needs at the moment. Many volunteers are gearing up to support those who are isolated. The Foodbank needs a lot of support as it moves to a delivery basis. These pages will keep you up to date with what is happening in Bodmin and its surrounding villages. Hopefully many of us can play our part in protecting and supporting those in need.

Church services & prayer online

It has been traumatic to lock our churches and cease our rhythm of prayer and worship. This may be the first time in history that these wonderful medieval buildings have had to shut. We had hoped they might remain open for people to pop in and say their prayers. Sadly we have been instructed otherwise.

Not to be defeated, we have taken our prayers online. Check out the following to join in:

- www.bodminteam.church
- www.bodminchurch.com
- Facebook: [Bodmin Team Churches](#)



We offer daily prayers and reflections. Each week explores a different theme offered by our ministers. On Sundays we present an act of worship to inspire and unite all those who watch from their homes. Sharing in this service reminds us that we are not alone; that we continue to pray together. [Revd Paul](#).

BEAUTIFUL PLACES

TO BRIGHTEN YOUR DAY

Set amidst town and village, Bodmin Way offers five beautiful churches with a rich heritage



During the current restrictions our Churches are closed so in this newsletter we wanted to remind people of their beauty with a short story from St Hydroc's and a picture quiz.

Well I wasn't expecting that!

Weddings are occasions when, over time, you come to expect the unexpected. Like the occasion when, with five minutes to go before the start of the service, the only people in church were myself and the organist, the time when the best man claimed to have lost the rings, and the times when brides and/or grooms get uncontrollable giggles when it comes to exchanging their vows. A few months ago though I experienced something that I wouldn't have thought possible.

At Lanhydrock we are used to having robins coming into the church. They normally fly in, leave a deposit, and depart again. At this particular wedding a robin came in with early guests and then couldn't fly out again because guests were constantly coming through the door. So, he amused himself by flying round the church.

As I always do I went to meet the bride at the churchyard gate and we walked round to the church. When she was ready I announced her arrival and walked to the chancel step to wait for her to come down the aisle. She came down the aisle, stopped in front of me and, with perfect timing, the robin landed on my head. It stayed for a few seconds and then flew off again and my only thought during those few seconds was, please don't leave me a little present.

It was a great icebreaker though for a possibly nervous bride and groom.

Revd Roger May



At which Church would you find the following beautiful things?

PICTURE QUIZ



CARDYNHAM

A WEALTH OF HISTORY



St Meubred's Church

Walk into St Meubred's church and you might think that nothing much had changed since it was last rebuilt in the early 16th century. You would be wrong. Lakes parochial history of Cornwall can be borrowed from Bodmin library. It was originally published 1867-73. Part of its description of Cardynham church goes:

"The tower arch is blocked by an unsightly singing gallery. The chancel is wainscoting with oak panelling behind which are sedilia.....the head of a large maltese cross and an ordinary wayside cross are walled into the east end of the church."

The "unsightly singing gallery" was a "west gallery." These were constructed in many churches in the 18th century for a choir to lead the singing. Victorians disapproved of the Georgian galleries and most were removed during 19th century restorations. In the 18th century and until around 1850, the only hymns sung in the church of England were metrical settings of the psalms like "All people that on earth do dwell." The choir often sung in parts and were accompanied by instruments like the violin, cello, clarinet, flute and bassoon. Fashions change, the organ became popular to accompany singing. Church singers were more expensive than a single organist and the vicar found them more difficult to control. As services became more ceremonial under the influence of the Oxford movement, church bands were considered irreverent. Thomas Hardy's novel *Under the Greenwood Tree* tells of the ousting of the band by an organist. It reflected actual events at Hardy's church.

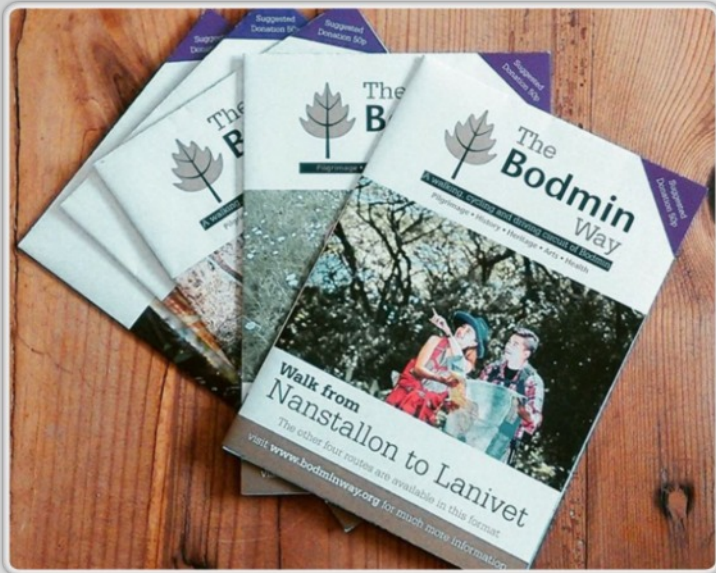
Who was responsible for the end of church band and west gallery at Cardynham? The gallery was evidently still there in 1873. Was it Charles John Hughes D'aeth rector 1873-1890 or his successor Francis Paul James Hendy 1890-1895? When did the wainscoting go? It isn't there in an early 20th century post card of the church. Of course the 2 crosses in the east wall were dug out and are now in the churchyard. The "maltese cross" is our wonderful 9th century Cardinham cross, considered one of the best in the country. The ways we think it right to worship God have changed but the psalms the west gallery choir sang were composed in ancient Palestine and are still used in our church at Cardynham today. The God we worship is the same throughout all time.

Picture quiz answers

Lights at Lanivet Church. Celtic cross at St Hydroc's. Tapestry at St Stephen's.
Organ stops at St Meubred's. Font at St Petroc's.

BODMIN WAY ROUTES

TRAILS TO ENJOY



Highlights of 2019

The new routes were launched.

It was May last year when walking routes were established that provide a trail around Bodmin town and villages. These connect with the Saints Way, the Cornish Celtic Way and the Camel Trail. They pass the major tourist attractions of the Bodmin area.

Free guided walks were introduced

From August through to October a number of successful guided walks saw people and their dogs, in some cases, walking the various parts of the Bodmin Way route. On the 25th September a large group walked the whole 22-mile circuit and finished off with a celebratory supper in Cardinham hall. "As we walked, we enjoyed the beauty of the scenery, had lots of exercise, an opportunity to meet new people and engage in stimulating conversations. We also had the chance to explore the spiritual in a relaxed and informal way" (William Hazleton, Lay Reader and Lawyer).

Challenges were fun!

To celebrate the rich history and heritage to be found at our beautiful churches and places around Bodmin a picture quiz was published every week on social media - causing a lot of interest!



Our [website](http://www.bodminway.org) contains information about the routes, the events as well as maps, guides and a passport for you to record your walks. Barbara would be pleased to help you by email at info@bodminway.org

The routes in 2020

New guided walks.

During February and March, as well as special walks for Lent new walks were offered on Mondays starting at St Petroc's Church. The morning walk provides a historic & cultural circular route of 2-3 miles around Bodmin Town, taking in the key features and attractions of the town, with the longer route incorporating panoramic views from Bodmin Nature Reserve. The afternoon walk gives the chance to experience one or two sections of the Bodmin Way's 22 mile circuit of Bodmin and surrounding villages, for example:

- From St Petroc's to St Stephen's or taking a bus to Lanivet and walking back to Bodmin via Nanstallon for a 5 to 6 mile walk;
- A train ride and 45 minute stroll to St Hydroc's, nestled in the National Trust Estate at Lanhedock;
- A 4.5 mile walk to St Meubred's at Cardinham, with a lift back to Bodmin from drivers who are part of the Bodmin Way planning team.

Walking for your well-being is still ok!

All the walks provide health benefits and give the chance to enjoy the beauty of the natural surroundings and leave the busyness of life for a few hours. If you live close by, why not walk to one of our beautiful churches? Their outsides are good places to explore:

- Lanivet's two Celtic crosses mark the centre of Cornwall;
- St Meubred's also has two ancient Celtic crosses;
- To see the oldest surviving building in Bodmin, head to St Petroc's, to find the 12th Century ruins of St Thomas Becket Chapel;
- St Stephen's is a lovely 19th Century building to have a closer look at, just off the Camel Trail.



CELEBRATING LIFE

PEOPLE ARE PRECIOUS



SPECIAL OCCASIONS

Weddings

So much preparation goes into the planning of a wedding. It has been a distressing time for the many couples planning to get married in the coming months. We are flexible with rearrangements and are able to pencil in Autumn dates, or even hold off until next year. Just speak to **Revd Roger**, our weddings coordinator. He will work with you to prepare the way for a very special day.

In the meantime, we are working away at some new ideas for weddings. We believe our churches are the most spectacular and atmospheric places to be wed. In the coming editions we shall offer further options to make it even more attractive to choose one of our beautiful places for your special day.

Baptisms

The baptism of a child brings a family together. There were 57 baptisms in our five beautiful churches in 2019 but we shall have to hold off from this for the time being. What a joy it will be to see families emerge from this lockdown and come together for a good old party at the baptism of a child. Speak to **Revd Elaine** to find out more.

Funerals

Ministers will be available for funerals at the crematorium or by the graveside. Only the minimum family will be there, but at least we can offer prayers and convey the hope of the Christian faith. Once the crisis has abated we shall offer our churches for memorial services. It is important that friends and family can mark the lives of all those who pass away in this time ahead. Details in due course.

Our loved ones

We shall lose some of our family and friends during this period of lockdown, whether through the virus or in the natural course of things. In the absence of public funerals we shall make space in this newsletter to pay tribute to them.

There is so much we discover about someone's life when it comes to an end. Well worth celebrating. Do please contact Dave our editor (news@bodminway.org) with a photo and up to 100 words to express your memories.



Our [website](#) contains details of the services we normally provide for baptisms, weddings and funerals

CELEBRATING LIFE

PEOPLE ARE PRECIOUS

Winifred Doreen Scoble (Winnie) 1921 - 2020

Born on Slades Road Egloshayle the youngest of three sisters and one brother and one younger sister who never survived childhood.

Living at Trevaigan during early childhood then moving to Lanhydrock, enjoying an idyllic childhood, involving herself with farm and estate life.



At a restless 17 year of age she paid a visit to a Navy recruiting campaign in Bodmin and before she had chance to back out, was on the train to the Fleet Air Arm base at Yeovilton.

During her much enjoyed time at Yeovil she was offered a Leading Wren position, which she refused not wanting the extra responsibility, but was swiftly transferred to St Merryn, offered the position again and placed in charge of the Harlyn Bay Hotel which had at the time been requisitioned by the Navy.

St Merryn village hall, a drop in centre for service personnel during the 2nd world war was the meeting place of her future husband George Scoble, at the time a Royal Navy engineer with the Fleet Air Arm and following the war they married at Lanhydrock.

Moving to Torquay, George's home town, where George resumed his plumbing career until the closure of the company when they moved to Bodmin, having been offered work with Pascoe's of Bodmin.

Having lived 8 years on her own following George's death she spent the last year of her life at St Petroc's residential home, having lost confidence living on her own. She was extremely happy there, enjoying the excellent care and affection given by the very caring staff. A member of the WRVS, also the WI, (eventually being made an honorary member) a life member of the Bodmin Bowls Club and of course an active member of St Petroc's church.

BODMIN FUNERAL SERVICES

We feel it is a privilege to be a funeral director and serve the community, our clients trust us with their loved ones at one of the most difficult periods in their lives and we will always be aware of that.

Angus and Paula pray that all of us can get through this incredibly unprecedented time and defeat the outbreak of COVID-19. However, we have had to implement changes over the last weeks to protect the public and our staff and this includes making arrangements by telephone, email, or possibly Skype to limit the contact with our clients, while still providing the personal service we are known for.

In the absence of any clear guidelines to the risk attached to actually dealing with the deceased who have died of corona virus, preparations have already been put in place. Personal protection equipment has been sourced and we have adapted a policy of strict social distancing for the foreseeable future. We anticipate that very shortly (similar to other parts of the country) our crematoriums will be closed to all services and will continue on a cremation only basis.

This particularly concerns us as we believe that when we experience the death of someone we love, a funeral service fills several important needs. They help us acknowledge that someone we love has died, provide a support system for our clients, family members, friends, the community and allow us to reflect on the meaning of life and death.

Bodmin Funeral Services are committed to offering a limited service (less than ten mourners) in our private chapel so amid the confusion of bereavement, we can endeavour to provide calmness, order and a sense of dignity whilst saying goodbye, so that life as it must, can go on with hope for the future as well as respect for the past. **Paula and Angus**
