

## **St Petroc's to St Meubred's**

Bodmin to Cardinham is our walk  
As usual it starts with a safety talk  
Up the hill we will go  
Not a rush just a steady stroll  
Head for the large roundabout  
This is where we need not shout  
As we are not in any pain  
But it clouds over and starts to rain  
Into a barn we all dart  
Rain passes over and a restart  
Down the road and through a gate  
Through the mud some people hate  
Pass the cattle chewing cud  
We are still walking in mud  
Head for the windmill was the shout  
There is a gate somewhere about  
Down the track not foot sure  
We admire runners there before  
Now head for Ladyvale Bridge  
Everything has gone without a hitch  
Second or third turning  
Everyone now concerning  
Talking about nature that could be seen  
Setting for us a wonderful scene  
Through a meadow and across a river  
Traversing a field we did not dither  
What a wonderful sight  
There is the church on the right

*By Mike Foster*