



BODMIN WAY ANNUAL REPORT 2022

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INTRODUCTION

A year of success and developing long term programmes

In 2022 we took on the challenge of consolidating projects that we established during Covid and developed them into long term programmes.

Our Bodmin Way staff and volunteers have not only continued to actively support people and families in the community but have also significantly increased the numbers of people that we touch and help.

I am immensely proud of what we have achieved in 2022 and below are our key highlights and within the report you will find more detail on these and other key achievements.



Revd. Paul Holley

Team Rector, Bodmin Team Ministry

Five key highlights.

- Bodmin Way is now the leading community supplier of low-cost and crisis food.
- We are bringing together an increasing number of people for friendship and mutual support.
- Our Parish Nurse supports vulnerable people to secure improved health and wellbeing.
- The community choir and crafts activities have inspired people of all ages.
- Concerts and events are on the rise again and drawing large audiences.



OVERVIEW OF THE YEAR

New innovations.

The overall challenge for 2022 was for Bodmin Way to consolidate its Covid-related projects into long term programmes. A lot of innovation and experimentation took place during the year, particularly in developing a very successful **community larder**. Alongside this a range of **courses** offered people access to various arts and crafts activities, leading to a new programme of **community enterprises**. This will provide a platform for the popular community **choir** and for those artisans who are active in the Bodmin Virtual Market. Some initiatives with young people provided a better understanding of what might be an appealing and sustainable approach for the future.

Community Circle.

Two Covid initiatives - the **Time Together friendship group** and our **home-based visits** to the elderly - are now providing the basis for the launch of a community circle. This is designed as a network for social activity and wellbeing. The recruitment of a **parish nurse** added significant capacity to see the circle as a serious intervention amongst those who want to enrich their experience of ageing.



Crisis support.

The cost-of-living crisis was another major factor in shaping activity during 2022. Revd. Elaine expanded her range of support to people across the town so that the pressures of food and energy prices need not tip people over the edge. A funded **warm space initiative** proved very popular and is planned to offer a twice-weekly '**community space**'. External support agencies complement what the parish nurse offers to support those who gather for this weekly event.

Bodmin Way Route.

It was encouraging to see the new Beast of Bodmin **marathon** in April. Tackling the Bodmin Way route, the runners were offered refreshment by church volunteers. This recognition of the pilgrimage route between our churches was especially gratifying and will become an annual highlight.

Events programme.

Despite the Covid disruptions, our events programme was able to recover steadily. Some events failed to attract sufficient audiences and had to be cancelled, but perseverance has yielded its reward as numbers increased. A concert by Jonny Cowling in December marked a peak in attendance and demonstrated what could be achieved by securing the right act at the right time. The **Christmas Tree festival** marked its 20th anniversary with an increase in support from Bodmin Way staff. Several innovations proved popular and set a path to sustaining the event well into the future.

Communications.

Communications remain a high priority. The partnership with **Bodmin Life** continues to provide published material to each home in the town. Ongoing improvements to the **websites** and constant **social media** feeds keep people well informed. Occasional radio interviews also allow word to spread.



Funding.

Bodmin Way still relies heavily on grant support but continues to seek out sustainable revenue streams. The business model of the larder proves that a low-cost charge for services can reduce dependence on external funding. In due course, it is hoped that the community circle might find a similar path. A new, reliable stream of funding has been secured through the diocese's **Low Income Communities Fund**. This provides annual finance to support the salary costs of the pioneer minister and the parish nurse.

Directors.

The board of directors enjoyed the support of some **new volunteers**, including Revd. Jeffrey Terry, Revd. Simon Betteridge and Paula Martin. Their range of skills and experience has significantly enhanced business planning, HR management, risk management and governance. These are demanding management functions that continue to need attention.

Parish Centre.

It is clear that the parish centre is struggling to be fit for purpose. It's rise in use both to external hirers and to team activities demands constant cleaning and maintenance. The growth of the community larder and warm space has stretched use to the limit. Time Together continues to be held at the Shire House Suite, but it is envisaged that a renovated parish

centre would provide a more convenient home. Thus, the company is supporting St. Petroc's PCC in exploring finance and design for a **substantial renovation**. At the same time there is a significant re-ordering project in development at the church that will allow a significant expansion in its use for events.

Research.

To aid in both these prospective developments, Bodmin Way supported the appointment of a **researcher** to collate data about the activities of St. Petroc's church and the enterprise. With funding from St. Petroc's PCC, the researcher was able to spend 6 months looking at the range of activity and to provide a substantial report for use in building a case for funding.

Staff.

Bodmin Way's **key asset** is its staff. They have performed exceptionally well against an ever-changing backdrop. The consolidation we achieved with the company's programmes is as a result of their hard work and tireless service to the people of Bodmin and its surrounding villages. The directors are working to improve pay and conditions so that we retain and nurture the evident talent amongst them. A big thank you to each of them.

Volunteers.

Our volunteers are now also a **crucial and valued part** of the work we do. This is particularly evident for the Pioneer Ministry, at Time Together, the larder, Warm Spaces and our youth work. Bodmin Way's philosophy is to combine paid and voluntary roles, and to balance revenue generation with grant support. The volunteers that have emerged over this past year or so have helped to establish this approach and make all the difference to our achievements. They have complemented the voluntary support of our directors who have given so much time and energy to help generate our successes. Thank you to each of them.

Looking ahead.

Bodmin Way is in a **strong position** to develop its range of services to the communities served by the Bodmin Team Ministry. It has taken a modest step to support the work of the parish nurse in Camelford and may be able to support church activities in the deanery. A continued discipline of planning, monitoring and financial control should allow it to expand and flourish through 2023 and beyond.

KEY ACHIEVEMENTS

Community Larder

The community larder is designed to offer low-cost food to members and at the same time reduces waste food that would otherwise go to landfill. It opened its doors in March 2022.

Read Abbie's [full report online](#) .In summary in its first year it achieved the following:

- 388 people become members of the larder.
- 4,276 visits were made to the larder.
- 3,363 vegetable bags were purchased.
- 4,063 ambient bags were purchased.
- Donations and special events in the larder raised over £3,200.
- Larder members contributed a total of £18,065 to running costs.
- 45 metric tonnes of food from our larder given to the community in one year



While the figures above are astounding for the first year the greater value of the larder is the wellbeing and positive emotions that are evident. Here are two short examples:

“We had a young mum who was a new larder member who explained all her 4 year old wanted for her birthday was a party at home with three of her friends. But the mum had to say “no” as she just couldn’t afford the cost of the additional food. But by using the larder she was able to supplement her shopping for a couple of weeks and pick up a few items to enable the party for her little girl. The mum was very tearful when explaining this and said it didn’t seem very much, but it meant the world to her to see her little girl so happy at her birthday party”.

An average basket of 10 items from the larder costs £3. To buy them in the supermarket would cost £32.73 An average vegetable/ fruit bag costs £1 from the larder in the supermarket it would be £10.75

“One of our larder members took extra vegetables, as it was close to the end of the session, we had quite a few left over. She went home and made a huge batch of soup that she distributed to her neighbours. This highlights how as a larder food waste is combated and through a kind act food was shared with several people.

Time Together

Time Together started after the first lockdown to encourage people to socialise. The purpose has expanded to provide regular socialising and mutual support. This has been complemented by home visits and the offer of home maintenance.

- An average of 30 people attended each week, with a range of 20 to 38 at upper and lower levels.
- New members have joined, and others have passed away. People come from as far away as Wadebridge.
- A variety of engaging activities have been added, including sort talks on things like what the Romans were doing in Lostwithiel and Nanstallon and visits from the police or a councillor.
- Volunteers have found it very satisfying to become part of the team and to offer new ideas.
- Staff and volunteers support St. Petroc's pastoral care team, including the visiting of people in local care homes.



Alec Charles, from Truro Diocese, visited Time Together. [Click here](#) to read the stories from volunteers and visitors enjoying Time Together. Here are a few quotes:

- “We welcome anybody and everybody. It’s very social. People get together and chat with old friends and make new ones.”
- “I do enjoy coming here. I look forward to it. I don’t go anywhere else.”
- “It’s brilliant to come and have somebody to talk to. Things like this are why I’m glad to keep going.”

Home-based support

The elderly and vulnerable at home in our community often need encouragement and support. The help provided by our two coordinators ranges from shopping, collecting medicines, gardening, small repairs or signposting to trusted traders, navigating internet sites to access specialist support and services, help with form filling etc.

Above all it is someone to call when needed, a friend, a listener, a practical help. During the year here are some of the highlights:

- 60+ people have been visited and helped, some of these regularly.
- Belmont House was visited each month 'always leaving people with a smile'.
- 15 people benefitted from home maintenance projects, some larger than others.

One of the stories that had the most impact on Sara, our coordinator, was about a lady whose husband was taken into a home during the lockdowns and consequently his health declined so that he was unable to come home. "By visiting his wife, we were able to arrange communion for him in the home which gave him great pleasure and were also able to keep a watchful eye on his wife. Unfortunately, he has since passed away, but we still visit his wife regularly".



Events

Congratulations to Roland Oakley, Venue Manager, who was awarded a first in his honours degree in event management during the year. He continued to attract new hirers to both church and parish centre and renewed a concert programme following the Covid pandemic.

- Parish Centre revenue for hires totalled £11,399.
- Church hires totalled £9,945.
- Attendances at events in St. Petroc's from 65 of 88 recorded instances was an average of 125.

Community support

Revd Elaine Munday is the Pioneer Minister. She lives and works amongst the most vulnerable people in Bodmin and has a uniquely extensive network of relationships that benefit from her pastoral and practical support.

- The Pioneer Minister continued to expand her range of support to a growing number of families and individuals.
- Work with schools has opened up a range of additional needs and recipients, as well as providing greater capacity to the school staff in attending to the needs of families.
- Donations towards the 'donate the rebate' campaign totalled £1,300 and is being distributed to families to help pay energy bills.
- 'Our Gate' continues to supply free food most days of the year.
- The Doing Club and Friendship café continue to operate, supporting a cohort of people.
- The Warm Spaces initiative grew swiftly to attract around 50 people per session.
- The Archbishop of Canterbury toured the St. Mary's and Kinsman Estates, and St. Petroc's School and Bodmin College with the Pioneer Minister and provided a great deal of encouragement.



Community support



Working with schools



Youth events



Community space



Outreach



Crisis support

Visit the Bodmin Way
[website](#) to learn more.

Courses

This initiative emerged from a one-year grant to launch a set of entrepreneurial activities that would strengthen the sustainability of Bodmin Way.

- The community choir attracted more than 50 participants.
- Craft sessions drew approximately 30 participants.



Popular events that combined a Warm Space initiative with a heritage Community Course took place on Saturday mornings in November. Tutors Leah Mason and Fran Singleton from Bodmin Keep, shared a suitcase full of fascinating artefacts, including toys and items from bygone days, WW1 and WW2 artefacts and stories. People of all ages also made poppies on Armistices Day.

Youth

Starting from scratch, the youth programme allowed the team an opportunity to attract a wider group of young people. It has established a base from which to build further, especially in the context of faith-based activity.

- Eight young people meet at the monthly youth event.
- Offered external events, such as trips to and workshops with Discovering42, monthly Bulb events, visit to The Pad, projects with Bodmin Keep including a day trip to Newquay Woods, silversmithing and participation in the Splanna initiative.
- Welcoming and involving young people who have additional needs and who are supervised by a carer or support worker.
- Several club members attended the Community Choir in the autumn, including performances and events connected with it.



- Young people help lead a Sunday service at St. Petroc's, with reading, drama and signing.
- Bodmin Way Games were held, mirroring the Commonwealth Games.
- Picnics and games in the park, including supported KBSK's Fun Day.

The youth work has been thrilled to welcome young people with additional needs. A parent, guardian or support worker has come along to many activities with the young people, to enable them to participate. It's been good to be inclusive in this way.

Heritage and routes

The considerable development of heritage resources around the churches of the team in 2021 was further strengthened. The capacity to generate pilgrimages and tourist walks was more limited, but the associated resources remain in place to allow this to develop in the future.

- Summer and autumn circular walks from Nanstallon.
- May all day pilgrimage around the five churches.
- Lent walks before Lent lunches.
- Working with the marathon planning team to host Bodmin's first marathon 'Beacon Beast Marathon - The Bodmin Way'.
- Selling of merchandise through the five churches of the Bodmin Team Ministry, Shire Hall and on the websites online store.
- Heritage presentation materials for the churches of the team.
- Brass on tour, by combining walking and ancient history from St. Meubred's to various venues, to raise awareness of the historic brass, including the chance to do a brass rubbing of the brass replica taken on tour.



Communications and promotions:

- Continued Bodmin Way's association and work with Bodmin Life Magazine to promote the work of Bodmin Way and the Bodmin Team Ministry.
- Strong presence on social media via several Facebook pages, website blogs and event page pages.
- Articles submitted to and included in Bodmin Voice newspaper, and an interview with Radio Cornwall on The Bodmin Way routes and forthcoming guidebook.
- Regular updates circulated electronically, including handouts, with new paper version system in place for people who don't have internet access.
- Promoting special church events such as Mothering Sunday and Pentecost to raise awareness and encourage attendance.
- Websites revamped and maintained.

A collaboration between Bodmin Life, Plastic Free Bodmin, St. Petroc's Church and the St. Piran's Day committee secured a sponsor to cover costs of buying 500 reusable water bottles. These replaced the single-use plastic bottles that are usually used for the St Piran's event lunch. A logo design competition attracted more than 50 entries from local school children and the winning design is on the water bottles. Bodmin Way assisted the promotion of this event on social media, website, Cornwall 365 and local newspapers.



*Merix Robins receiving prizes for first place from Bodmin's Mayor Cllr. Phil Cooper at Bodmin Town Council's monthly Saturday market on Mount Folly
Photo credit: Paul Kenealy, Bodmin Camera Club*

INTRODUCING BODMIN WAY

What is Bodmin Way?

Bodmin Way is the social enterprise for the Bodmin Team Ministry. It is a company limited by guarantee whose **purpose is for the benefit of the community it serves.**

What are the aims of Bodmin Way?

The company was established by the Bodmin Team Ministry to help develop and promote the interests of its constituent churches in the Parishes of St. Petroc's Bodmin, St. Hydroc's Lanhydrock, St. Meubred Cardynham and Lanivet. Its prime aims are to strengthen the mission and sustainability of these churches. It has license to do this in a variety of ways in consultation with the Parochial Church Councils.

Who owns it? To whom is it accountable?

Ownership of the company rests with its members, which are the Parochial Church Councils (PCCs) of the Bodmin Team Ministry. Directors are elected by the PCCs to operate the company. To date, the main line of accountability has been to the monthly meeting of the team church wardens. Regular reports have been offered to that meeting and consultation about the growth and development of the company has resided within that group.

Safeguarding

As an agency of the Bodmin Team Ministry, Bodmin Way's safeguarding procedures are undertaken through the oversight of the Diocese of Truro in line with the Safeguarding and Clergy Discipline Measure (2016) of the Church of England.

CORE ACTIVITIES INTO 2023

The directors have restructured the array of activities into the following categories:

1. Bodmin Way Community

- Pioneer Minister activities in estates and schools
- Community Spaces with the support of the Parish Nurse
- Outreach and crisis support

2. Bodmin Way Community Circle

- Time Together
- Home-based support
- Parish Nurse

3. Bodmin Way Community Larder

4. Bodmin Way Community Enterprises

- Community choir and craft events
- Heritage initiatives
- Artisan support amongst those who use the Bodmin Virtual Market

5. Bodmin Way Events

- Concerts and events
- Bookings of St. Petroc's Church and parish centre
- Hospitality and merchandising
- Life Celebrations

6. Operations for the enterprise and the team

- HR, operations, finance and administration
- Communications
- Safeguarding
- Fundraising

DIRECTORS AND STAFF

Directors

The directors meet monthly to scrutinise operation of the company, oversee financial flows and plan initiatives. Current directors include:

- Chair, Revd Paul Holley, Team Rector of the Bodmin Team Ministry
- Company Secretary, Sara Bryon, Administrator for the Bodmin Team Ministry
- Trevor Brittain, Officer for Fund-Raising, Human Resources and Systems Development (resigned April 2022)
- Ann Kerridge, Church Warden and Reader in the Bodmin Team Ministry
- Dave Birch, director with a brief for communications and systems

Assisting the directors and St. Petroc's Church is Jen Ayres, our voluntary accountant. In addition, Revd. Jeffrey Terry, Paula Martin and Revd. Simon Betteridge have supported the directors.

Staff

The following roles were secured or initiated during 2022:

- Pioneer Minister - Revd Elaine Munday
- Parish Nurse - Revd Geraldine Ashton
- Venue Manager - Roland Oakley
- Administrator - Sara Bryon
- Projects Manager and Safeguarding Officer - Abbie Cavalera
- Operations Lead - Alistair Bennett
- Communications officer and youth leader - Barbara Brittain
- Project support officers - Sara and Dave Bryon, Robert Christie
- Buildings and Maintenance officer - Dave Bryon
- Researcher - Victoria Keele
- Cleaner - Kimberley Andress (2022) and Liliana Da Cruz (from 2023)

Caroline Bailey was a key contractor for the community courses and continues to lead the community choir.

STATEMENT OF FINANCIAL ACTIVITIES

For the year ending 31 December 2022

| | TOTAL 2022 £ | TOTAL 2021 £ |
|---|--------------------|--------------------|
| <u>INCOME</u> | | |
| Income from BW Activities | 54,771 | 31,342 |
| PCC Contributions | 21,865 | 35,147 |
| Income generated for PCCs | 10,810 | 5,929 |
| Donations & Grants | 71,570 | 66,603 |
| TOTAL INCOME | 159,016 | 139,021 |
| <u>EXPENDITURE</u> | | |
| Bodmin Way Activities | 44,417 | 27,385 |
| Staff Costs | 82,957 | 68,351 |
| Consultancy & Business Development | 17,169 | 21,865 |
| Premises Costs | 7,215 | 1,520 |
| Marketing & Administration Costs | 2,538 | 13,553 |
| Depreciation | 1,448 | 1,131 |
| TOTAL EXPENDITURE | 155,744 | 133,805 |
| NET INCOME/(EXPENDITURE) BEFORE INVESTMENT GAINS | 3,272 | 5,216 |
| NET GAINS ON INVESTMENTS | 0 | 0 |
| NET INCOME/(EXPENDITURE) | 3,272 | 5,216 |

BALANCE SHEET AS AT 31 DECEMBER 2022

| | 2022 | 2021 |
|---|-----------------|-----------------|
| | £ | £ |
| FIXED ASSETS | | |
| Tangible | <u>7,074</u> | <u>6,433</u> |
| | 7,074 | 6,433 |
| CURRENT ASSETS | | |
| Debtors and prepayments | 4,416 | 8,534 |
| Cash at bank and in hand | <u>28,158</u> | <u>28,694</u> |
| | 32,574 | 37,228 |
| LIABILITIES | | |
| Creditors – amounts falling due within one year | <u>(30,297)</u> | <u>(36,121)</u> |
| NET CURRENT ASSETS/(LIABILITIES) | 2,277 | 1,107 |
| | | |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | |
| Creditors – amounts falling due after one year | <u>0</u> | <u>(1,461)</u> |
| TOTAL NET ASSETS | <u>9,351</u> | <u>6,079</u> |
| | | |
| CAPITAL & RESERVES | | |
| Retained earnings | 9,351 | 6,079 |
| | <u>9,351</u> | <u>6,079</u> |